# Submission format Hands-on

Workshops

*\*Hands-on workshops can be presented in English, Catalan or Spanish*

Title

[provide here your title, max 100 characters, including spaces]

## Abstract

[provide here your abstract of 100 - 250 words]

## Keywords

[provide 5 keywords, avoiding general and plural terms and multiple concepts (avoid, for example, "and", "of")]

## Extended summary

[provide here your extended abstract of 600 - 1000 words, excluding references, use the headings as provided below]

### Introduction

[Include in this section a theoretical introduction of the workshop, as well as its aim]

### Procedure

[Describe the workshop development process: characteristics, requirements, resources, target participants, etc. Include images when appropriate)]

### Expected Results (if needed)

[Describe here the expected results of your workshop)]

### Conclusion

[Include here how the workshop contributes to teaching innovation and practical significance for other teachers]

### References (if needed)

[references in APA 7]

### Word Count

[Provide the word count of your extended summary, excluding references]